# **Curriculum vitae**

First name: Zahra Last name: Nikpouri Date of Birth: 1967

Place of birth: Rasht, Iran Marital status: Married, mother of two children

Husband's career: General surgeon

First daughter: Medical Student (last year education)

**Second daughter: High school student (last year education)** 

Education	
Primary school, middle school and high school	All in Rasht , high GPA
MD	Tabriz University of Medical Education (Top three at the time of graduation), thesis scote:19
Gynaecology resident	Guilan University of Medical Sciences (with highest score in Board exam for Gynaecology)

# **Experience and certificates:**

- 1. Certificate for infertility studies from Mehr Institution for infertility and modern technologies
- 2. International certificate in breast cancer biopsy and non-invasive diagnosis from Gustave Roussy Institute of Oncology (Paris, France)
- 3. Certificate for Laparoscopy and Hysteroscopy from University of Tehran
- 4. Certificate for Colposcopy and its new methods
- 5. Certificate for Sonography and pregnancy from University of Tehran
- 6. Certificate for Genetic Consultation for Cancer patients and licence for establishing a Genetic Consultation institute

# **Teaching:**

- 1. Islamic Azad University of Lahijan (1999-2001)
- 2. Islamic Azad University of Rasht (2002-2012)
- 3. Continues monthly conferences about women's' health and breast diseases (107 conferences till now, 2017)
- 4. Arranging various workshops about breast diseases and Stereotactic biopsy of breast as the very first for gynaecologists and general surgeons in province of Guilan
- **5.** Arranging various free workshops to enhance the general knowledge about breast diseases

## As executive director:

- 1. A board member in Aria Hospital (an important private sector hospital in province of Guilan, 2009-2011)
- 2. One of the funders and deputy of Ghaem International Hospital equipped with 200 beds and managed by 700 personnel, since 2009
- 3. Funder of the first and the only breast clinic in Guilan since 2014
- 4. Funder of the first and the only centre for Stereotactic biopsy of breast in Guilan
- 5. Funder of the first and the only centre for Stereotactic biopsy of breast in northern region of Iran

# Some individual volunteer activities in order to enhance the general knowledge of the public:

- 1. Launching the first Farsi website about breast diseases and breast cancer: http://drnikpouri.com/
- 2. Launching educational channels in Telegram application about women's health issues
- 3. Partnership in arranging charity events including offering free visits and cures for the ones in need
- 4. Arranging various conferences for the public and also physicians

# **Membership:**

- 1. Main member of Guilan association of gynaecologists
- 2. Member of Iranian association of women's cancer
- 3. Member of Iranian association of fertility and infertility
- 4. Member of Iranian association of Surgeons

## **Work Experiences**

- 1. General physician in Rasht and surrounding cities (1992-1993)
- 2. Gynaecologist in Rasht and Lahijan (97-20017) in private practice
- 3. Funder of the first and the only breast clinic in Guilan since 2014
- 4. Executing hysterectomy surgeries via laparoscopy
- 5. Gynaecologist in Mehr Institution for infertility, pioneering the oocyte Cryopreservation method and studying ART methods including ICSI and IVT
- 6. Executing many surgeries on women
- 7. Cooperating with University of Tehran in the field of diagnosis methods of women's diseases
- 8. Funding the genetic consultation institute in Guilin to assess the hereditary diseases
- 9. Funding the support centre for breast cancer patients in Guilan and surrounding provinces
- 10. Funding the centre for reconstructive surgery for breast cancer patients in Guilan and surrounding provinces
- 11. Funding the centre for preservation of fertility for young cancer patients

#### **Conferences:**

- 1. Lecture on abortion, Islamic Azad University of Rasht, 2002
- 2. 13<sup>th</sup> Iranian conference on fertility and infertility, 2006
- 3. Educational program for gynaecologists on pregnancy and diseases, 2009
- 4. Continues educational program for gynaecologists on infertility, 2010

- 5. Monthly conferences on fertility and infertility, 2010
- 6. Conference on breast cancer and medical advancements, 2013
- 7. Conference on Hypertension, Ghaem International Hospital, 2013
- 8. Conference on fetus abnormalities in Golsar Hospital, Rasht, 2016
- 9. Conference on benign and virulent breast tumours, 2016
- 10. Conference on new advancements in diagnosis and treatment of Breast cancer, 2016

### **Conferences attended:**

- 1. Workshop on breastfeeding, 1996
- 2. Educational program for surgeons, 2006
- 3. Workshop on Hysteroscopy, 2006
- 4. Educational program on women's diseases, 2007
- 5. Educational program for Gynaecologists (birth control, fertility and abortion), 2008
- 6. 15th congress of fertility and infertility, 2008
- 7. Lecture on urinary incontinence, 2008
- 8. Educational program for Gynaecologists on women's diseases, 2009
- 9. Educational program for Gynaecologists on replacements for hormone therapy and pelvis diseases, 2009
- 10.Educational program for Gynaecologists on diseases during pregnancy, 2009
- 11.5th congress on Breast Cancer, 2009
- 12. Applications of hypnotism in medicine and dentistry , Conference on H1N1, 2009
- 13.Educational program for Gynaecologists on fertility and abnormalities, 2010
- 14.Educational program on ovarian cancer, 2011
- 15.Educational program on breast cancer, 2011
- 16.Educational program on trophoblastic diseases, chemotherapy and radiotherapy, 2011
- 17. Educational program on infertility, 2011
- 18.Educational program on mammography and breast imaging, 2011
- 19. Conference on arthritis, 2012
- 20.Educational program on mesenteric, thyroid and parathyroid veins thrombosis, 2012

- 21. Educational program on Hemovigilance, 2012
- 22. Educational program for surgeons, 2016

#### Interviews with media:

- 1. Radio: uterine fibroid
- 2. Radio: women's health
- 3. Radio: premature puberty
- 4. Television: wrong common beliefs about breast diseases
- 5. Television: benign and virulent breast tumours
- 6. Television: introducing the Stereotactic biopsy system
- 7. Television: introducing the breast clinic of Ghaem International Hospital

## Papers:

- 1. Evaluation the Rate of Ectopic Pregnancy in Women Who Conceive Via ICSI in Mehr Institute .Mehrafza M(MD),Nikpuri Z(MD),Asgharnia M(MD),Rahimiyan T(MD), Oudi M(BSc), Hosseini A(PhD).. 13th congress on Reproductive Medicine.Iran,ISRM.2007 and Middle East Fertility society,14th annual meeting,31oct-03Nov,2007 (ISI)
- 2. The effect of serum progesterone levels on the day of HCG administration on ICSI outcome.NikpuriZ(MD),Mehrafza M(MD), MohammadTabar Z(MD),Oudi M(BSc),Asgharnia M(MD), Shademani K(MD),Hossieni A(PHD).Middle East Fertility society,14th annual meeting,31oct-03Nov,2007
- 3. Ectopic pregnancy(ep) has been reported to occur in approximately 2-5% of all clinical pregnancies after IVF-ET.Nikpuri Z(MD), Mehrafza M(MD), Asgharnia M(MD), Oudi M(Bsc), rahimiyan T(GP), Hosseieni (PHD). Middle East Fertility society, 14th Annual Scientific Meeting, October 31-November 03, 2007
- 4. Comparison between vaginal sonography& Hysteroscopy in the detection of intrauterine pathology in infertility patients normal HSG Asgharnia M(MD),Mehrafza M(MD), Oudi M(Bsc),Nikpuri Z(MD), Mohammad Tabar Z(MD).. Iranian journal of Reproductive Medicine,vol.6,suppl 1,winter 2008, page 2 (ISI)

- 5. Predictive value of basal Antaral follicle on intra cytoplasmic sperm injection(ICSI) outcome .Mehrafza M(MD), Mohammad Tabar Z (MD), Asgharnia M(MD), OudiM(Bsc) Nikpuri Z(MD), Hosseieni A(PHD)..8th congress on Reproductive medicine& 3th congress on Stem Cell biology /Technology.5-7Sep.2008
- 6. New treatment of stress incontinence. Azad university internal meeting. 2008, Rasht, Guilan
- 7. Laparoscopic Hysterectomy Outcome by using LigaSure Vessel Sealing System Mehrafza M(MD),Shademani K(MD),Asgharnia M(MD),Oudi M(Bsc),MohammadTabar Z(MD),Nikpuri Z(MD)..5th congress on Laparoscopic surgery. Tehran.Feb.2008 and 13th World Congress on Human Reproduction.Venezia.2009
- 8. COMPARISON OF THE FREQUENCY OF UTERINE ANOMALIES BETWEEN WOMEN WITH 2 AND 3 OR MORE MISCARRIAGES. NIKPOURI Z.,MEHRAFZA M.,OUDI M.,ASGHARNIA M.,MOHAMMAD TABAR Z.,HOSSIENI A.IRANIAN JOURNAL OF REPRODUCTIVE MEDICINE (IJRM), WINTER 2009, Volume 7, Number SUPPL 1. and 13th World Congress on Human eproduction. Venezia. 2009 (ISI)
- 9. Effect of Hysteroscopy on ICSI Outcome in Patients with Previous ICSI Failure MarziehMehrafza(MD)Mona Oudi(BSc),Masoumeh(Shirin) Asgharnia(MD),Zahra Nikpuri(MD),Zahra Mohammad Tabar(MD),KimiyaShademani(MD),Ahmad Hossieni(PHD).. 13th World Congress on HumanReproduction.Venezia.2009
- 10.SURVEY THE AMNION GRAFT IN TREATMENT OF
  CONGENITAL ABSENCE OF THE VAGINA MEHRAFZA
  M.,OUDI M.,ABD ELAHIAN P.,MOHAMMAD TABAR
  Z.,SHADMANI K.,NIKPOURI Z., JOURNAL OF GUILAN
  UNIVERSITY OF MEDICAL SCIENCES,SPRING 2010, Volume 19
  , Number 73; Page(s) 61 To 65. (ISI)
- 11. The prognostic value of ratio of serum FSH to LH in ICSI outcome Mehrafza M(MD), AsgharniaM(MD), Abdollahiyan P(MD), Oudi M(Bsc), Nikpuri Z(MD), mohammadTabar Z(MD), Shademani K(MD), Hosseini A(PHD).. 16thcongress on Reproductive Medicine. Iran, ISRM. 2010
- 12.PREDICTING FACTORS FOR SUCCESS OF OOCYTE DONATION NIKPURI Z., MEHRAFZA M., VOJUDI E., ASGHARNIA M.,

ABDOLLAHIYAN P., MOHAMMAD TABAR Z., SHADEMANI K., SHAKIBA M., MALMASI S.,INTERNATIONAL JOURNAL OF REPRODUCTIVE BIOMEDICINE (IRANIAN JOURNAL OF REPRODUCTIVE MEDICINE) WINTER 2011, Volume 9, Number SUPPL 1; Page(s) 43 To 43. (ISI)

- 13.ANTI-MULLERIAN HORMONE AS A PREDICTOR OF IVF TREATMENT AFZALIMEHR MARZIEH,RAOUFI AZADEH,ABDOLLAHIAN PARVANEH,NIKPOURI ZAHRA,SHADMANI KIMIA,NAJAFI MARYAM,VOJOUDI ELHAM,HOSSEINI AHMAD TEHRAN UNIVERSITY MEDICAL JOURNAL (TUMJ), SEPTEMBER 2012, Volume 70, Number 6; (ISI)
- 14.IN VITRO FERTILIZATION OUTCOME IN PATIENTS WITH POLYCYSTIC OVARY SYNDROME TREATED WITH GNRH ANALOGUE MEHRAFZA MARZIEH,RAOUFI AZADEH,ABDOLLAHIAN PARVANEH,NIKPOURI ZAHRA,NASIRI MEHRI,HOSSEINI AHMAD TEHRAN UNIVERSITY MEDICAL JOURNAL (TUMJ), NOVEMBER 2013, Volume 71, Number 8; Page(s) 518 To 523. (ISI)
- 15.COMPARISON OF INTRACYTOPLASMIC SPERM INJECTION OUTCOME OF OLIGOASTHENOTERATOZOOSPERMIC AND AZOOSPERMIC MEN MEHRAFZA MARZIEH,RAOUFI AZADEH,RAHIMIAN TALIEH,ABDOLLAHIAN PARVANEH,NIKPOURI ZAHRA,TAVAKKOLNIA RAHIM,GOLMOHAMMADI ABOLFAZL,HOSSEINI AHMAD TEHRAN UNIVERSITY MEDICAL JOURNAL (TUMJ), JULY 2014, Volume 72, Number 4; Page(s) 229 To 234. (ISI)
  - 16. Evaluation of the role of serum progesterone level on the day of human chorionic gonadotropin administration on intracytoplasmic sperm injection outcome, Marzieh Mehrafza, Azadeh Raoufi, Talieh Rahimian, Zahra Nikpouri, Mehrsha Nasrollahzadeh, Parvaneh Abdollahian, Ahmad Hosseini, Pejouhandeh Journal, 2014 (Issue 4)
- 17. The comparison of chamomile tea and vitamin E effect on cyclical .khaterehNikpouri, SaghiSaeidiMehrvarz, Zahra Nikpouri, Ali SaeidiMehrvarz, Breast clinic, Ghaem hospital, Rasht, Guilan, Iran, Inrenational gynecogic cancer society meeting, IGCS 2015, Lisbon.
- 18. The effect of Local injury to the endometrium: on pregnancy rate in ICSI: a randomized controlled trial. MarziehMehrafza(MD)1 MasoumehAsgharnia(MD), ParvanehAbdollahiyan(MD)1, Mona oudi(BSc)1, Zahra Nikpuri(MD)1, Zahra Mohammad Tabar

(MD)1,Kimiya Shademani(MD)1,Ahmad Hossieni(PHD)

19.Half dose GnRH agonist versus one-third dose GnRH agonist protocol in patients undergoing ICSI; a randomized controlled trial, Mehrafza M1, Abdollahian P1, Vojodi E1, Raoufi A1, Mohammad Tabar Z1, Asgharnia M1, Nikpori Z1, Shadmani K1, Hosseini A2. Abstracts of 3rd International and 18th National Congress of Iranian Society for Reproductive Medicine

#### **Citations:**

- 1. Pezeshkan-e-Emrooz Monthly Journal
- 2. Guilan University of Medical Sciences

## **Ongoing projects:**

- 1. Studying the effects of chemotherapy on ovarian suppress in premenopause and young cancer patients
- 2. Case reports of breast cancer in young women under the age of 30
- 3. Studying the success of Stereotactic biopsy system in early treatment of breast cancer